



PTE Speaking Practice Handout

Tongue Twisters (Clear Speech & Fluency)

Why Tongue Twisters?

Tongue twisters help you:

- speak **clearly**
- improve **pronunciation**
- control **speed** (not too fast)
- reduce **hesitation** in PTE Speaking



👉 **Rule:** Start **slow**, then increase speed.

How to Practice (Student-Friendly)

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- 1 Read slowly and clearly
- 2 Repeat 2-3 times
- 3 Increase speed slightly
- 4 Focus on clear sounds, not speed

abc | Easy Level (Warm-up)

Good for beginners

- Red lorry, yellow lorry.
- Big black bug bit a big black bear.
- She sees cheese.



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- Toy boat.
- Six seats sit silently.

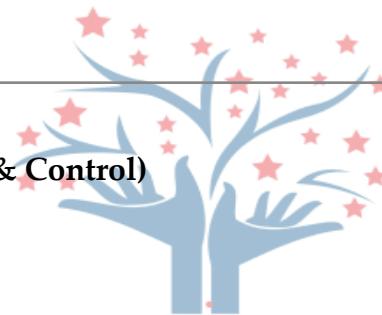
🔊 Medium Level (Most PTE Students)

Focus on common PTE sounds

- She sells sea shells by the sea shore.
- Peter Piper picked a peck of pickled peppers.
- A proper copper coffee pot.
- Fresh fried fish.
- Busy buzzing bumblebees.

🔥 Advanced Level (Fluency & Control)

Use only when comfortable



- The thirty-three thieves thought that they thrilled the throne throughout Thursday.
- Unique New York, unique New York.
- Six slippery snails slid slowly seaward.
- Crisp crusts crackle crunchily.

🎯 PTE Sound Focus (Very Important)

/s/ – /ʃ/ – /z/

- She sells sea shells.
- Six slippery snails.

/p/ – /b/

- Peter Piper picked peppers.



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- Big black bug.

/r/ – /l/

- Red lorry, yellow lorry.

Exam Tip for Speaking

- Clear speech > fast speech
- Pause naturally
- Do NOT rush

👉 Tongue twisters train your mouth, not your memory.

✓ Practice 5 minutes daily before Speaking tasks

★ Very Common Tongue Twisters (Must-Practice)

These are classic English tongue twisters used worldwide.

- ◆ /s/ and /ʃ/ sounds (very common PTE problem)

- She sells sea shells by the sea shore.
- Six shiny silver spoons.
- Sue saw six swans swimming.

Focus: clear s and sh sounds, no mixing.

- ◆ /r/ and /l/ sounds

- Red lorry, yellow lorry.
- Rory the warrior and Roger the worrier.
- Larry's lorry rarely rolls.



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Focus: tongue position, do not rush.

♦ **/p/ and /b/ sounds (clear bursts of air)**

- Peter Piper picked a peck of pickled peppers.
- Big black bears bite blue berries.
- A big bug bit the little beetle.

Focus: strong p sound, light b sound.

♦ **/t/ and /d/ sounds**



- A tidy tiger tied a tie tighter.
- Don't doubt the doorbell.
- Twelve twins twirled twelve twigs.

Focus: clear ending sounds.

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♦ **/f/ and /v/ sounds**

- Five friendly frogs find food.
- Very few vampires vote.
- Fred's friends fried fresh fish.

Focus: teeth on lower lip for f and v.

How to Use Tongue Twisters in Class



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Teacher method (5 minutes)

- 1 Teacher reads once (slow)
- 2 Students repeat together
- 3 Students repeat alone
- 4 Increase speed slightly

Student self-practice

- Practice 5–10 minutes daily
- Record yourself on phone
- Listen for unclear sounds

⚠ Common Student Mistakes

- Speaking too fast ✗
- Swallowing final sounds ✗
- Laughing and stopping ✗

✓ Slow and clear ✓ Keep going even if you make mistakes